



# Tubing the Salt River

## Saturday/June 14, 2008

We will be meeting at the Wild Oats/Whole Foods Market parking lot at Ina & Oracle at 7:30 a.m. and heading out by 8:00 a.m. Please have your car pooling figured out and if you need help with finding someone to car pool with call Mondo at 302-2439. We are going to stop at the last rest stop before Phoenix to re-group and pee -- for those of us who will drink too much coffee in the morning!!

Cost for tubing is \$15 per person/CASH ONLY!!!!!! This includes your tube and bus ride. You MUST have a valid drivers license for every 5 tubes.

We would like to try and get a head count of how many people want to tube. So please call Teresa 465-4887 or Lori @ 603-3430 by Thursday, June 12th, if she doesn't answer, leave a message to let us know how many of you will be coming. This is to help us buy enough sandwiches and sodas.

If you have general questions there is a website you can access for more information: WWW.SALTRIVERTUBING.COM (not associated with NA)

You can also call Belinda @ 360-5439

**Whoohooo! It's a great day to be CLEAN!**

Water will be provided for the float and then sandwiches and sodas in the parking lot after the 3 hour float. Please drink water before getting on the river, it's really HOT and we don't want you to dehydrate.

Things to think about and/or bring:

- Suntan lotion!!!!!! Re-apply people it doesn't last forever!!!
- A towel to lay over your tube -- they get really HOT! They leave ugly black marks on your suites too!
- It is advised to wear sport sandals or tennis shoes -- lots of glass and who knows what else in the river
- A mesh bag, or any bag that will hold your stuff, to tie to your tube, see above "suntan lotion" -- we will bring some twine to tie the bags to your tube.
- We will have an ice chest for water, please bring what you want to drink and extra ice chests but keep in mind NO GLASS is allowed. Also, if you are bringing your own ice chest you need to bring a tube for it to float in or buy an additional tube and they are the same price of \$15.
- A hat, mmm hmmm, see above, it's hot!!!! We do not want to promote sunburns and/or heat stroke!
- PLEASE be on time, we will be heading out promptly at 8:00! If the water is running slow they may stop floating as early as 1:00 p.m., so our intention is to get there early.

### DIRECTIONS:

We will be taking Ina to I-10, then I-10 to the 101-North to the 202-East. Take the 202-East all the way to the last exit which is Power Road. Go left onto Power Road which automatically turns into Bush Road, from that point it's about 10 - 15 miles, the Salt River Tubing facility will be on the left. Lets park in the back of the parking lot so that we all can be together and eat after the float.