Editors Note: This newsletter contains the opinions of some of the members of Narcotics Anonymous (NA). In the NA beliefs of freedom, empathy and awareness; our hope is to provide their writings in the spirit of sharing and caring, giving our readers the written expressions of other members’ views on N.A. literature, their N.A. experiences and how N.A. is working for them.

Groups in Need of Support:

Home Sweet Home Group, {O, DISC, STEP, SPK, JFT, H, BT} M-Sat 5:30PM Community Christian Church 1701 S. College Ave, Tempe, 85281

NA on Main, { O, DISC } Sat. 4PM 1045 E. Main St., Mesa, 85203

Recovery And Beyond has their Birthday Meetings on the 1st and 3rd Sundays of every month at 7PM 245 West Mahoney ave, Mesa, Az

Gilbert Solutions Group { O, JFT, H } Thurs. 7PM Gilbert Presbyterian Church 235 E. Guadalupe Rd. Gilbert. 85234

Fellowship Events

Sunday, January 5, 2020
10:00am
ARCNA Subcommittee Meeting
When: Sun, January 5, 2020, 10:00am – 10:30am
Where: St. Luke’s Behavioral Health Auditorium, 1800 E Van Buren St., Phoenix, AZ

WV Activities Speaker Meeting/Dinner/Bingo
When: Sat, January 11, 2020, 5:30pm – 9:00pm
Where: 3104 W. Glendale Ave, Phoenix AZ 85051
EV Skyline Serenity Hike
When: Sat, January 25, 2020, 10:30am – 2:30pm
Where: The Garden Valley Trail
Lost Dutchman State Park
6109 N Apache trail
The Garden Valley, AZ., 85119
Contact: Chuck H 480 236 4859 for more info

8th Annual Arizona NA Men's Spiritual Retreat
When: Feb 13 – 16, 2020
Where: Franciscan Renewal Center, 5802 E Lincoln Drive, Scottsdale, Az 85253
Description
www.TheMensRetreat.Org

Guided Meditation every Morning and Evening

Walk the Labyrinth and Healing Gardens.

4 Speaker Meetings and 3 Campfire Meetings

For more information contact:
Jim G:602-763-4019 or
Vince G: 480-234-9292
Sponsored by Straight from the Heart

For more info on events in the Valley http://www.arizona-na.org/calendar

Local Service Tools

Resources – where to find more information

Recordings and materials from Rural Service web meetings and locally developed resources related to rural and isolated service
www.na.org/ruralservice

www.na.org/localresources

General service resources, including many locally developed materials Informational pamphlets and booklets in various languages, including The Group Booklet
www.na.org/ips

A wide range of NA service material, including service pamphlets that offer guidance to groups on commonly encountered challenges
www.na.org/servicemat

Service handbooks, including a section on “Area Committees in Rural Communities” on page 65 of A Guide to Local Services in NA
www.na.org/handbooks

Meeting information, local websites, and helplines. (For phone- or web-based meetings, choose “Phone” or “Web” from the Country drop-down menu in the “NA Meeting Search” window.)
www.na.org/meetingsearch

– Subscribe to NAWS periodicals and email updates www.na.org/?ID=elit –
What is an NA group?

What is an NA group?
When two or more addicts come together to help each other stay clean, they may form a Narcotics Anonymous group.
Here are six points based on our traditions which describe an NA group:
1. All members of a group are drug addicts, and all drug addicts are eligible for membership.
2. As a group, they are self-supporting.
3. As a group, their single goal is to help drug addicts recover through application of the Twelve Steps of Narcotics Anonymous.
4. As a group, they have no affiliation outside Narcotics Anonymous.
5. As a group, they express no opinion on outside issues.
6. As a group, their public relations policy is based on attraction rather than promotion.

Where can we hold meetings?
NA meetings can be held almost anywhere. Groups usually want to find an easily accessible public place where they can hold their meetings on a weekly basis. Holding regular NA group meetings in some types of facilities—addiction treatment centers, clubhouses, or political party headquarters, for instance—can compromise the independent identity of the group.

From: The Group Booklet of NA

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NA Jokes and Sayings

Sometimes we get together just to have fun.
I got a Sponsor who has taught me to laugh and have fun again without using drugs.

Sometimes the best quality to promote G-d's will is a sense of humor.
Winners keep a sense of humor...and when winners laugh, they laugh with you not at you.
We are free to laugh, to cry, to enjoy our Recovery.
Imagine going to a New meeting for the first time and your old Dealer is chairing the Meeting.

“Just 4 Today”

Just 4 Today, I will try to live through this day only, and not tackle my whole life problem at once. I can do something for 12 hours that would appall me if I felt that I had to keep it up for a Lifetime!
“Rent A Sponsor”

Are you Tired of Being told like it is?
Still Looking for that easier, softer way?
Had enough of that same old time-tested direction?
NO Reading! No Writing! No Deadlines!

Standard Features Include:
1. Listening to your Sniveling without constant reference to the Steps!
2. Co-signing your excuses and rationalizations!
3. Work only the steps you want, in the order you choose!
4. Learn the secret of giving it away before you even have it!
5. Why “walk the walk” when you can just “talk the talk”!
6. Remember “its better to look good, then to feel good!
7. Why lose your ass at the cost of losing your face?!

4th Step Writing Service Now available (Yes we will write your inventory for you.)
Yes, at RENT-A-Sponsor we know how unique you are and we do Understand!
Half Measures are Our Specialty!
Call: 1-900-O-POOR-ME

Call now and receive a free copy of “Staying Clean on War Stories Alone”!

Basic Text- Step One

“We Admitted that We were Powerless over Our Addiction, that Our Lives had become Unmanageable”

Powerless and Unmanageable: A 1st Step Perspective
These Two Words, “Powerless” and “Unmanageable” are the ideas or reasons at which many of us addicts had to come to grips with understanding the First step.

Even Those Among us who quickly come to understand that we can’t use drugs successfully, often skip over the other half of this double WHAMMY, which is that the person we are also can’t successfully Not use.

If it were simply a matter of not saying “That’s not working well, I guess I won’t do it,” there would really be no need for a Program in the first place!

There’s a phrase- “If using against your will makes any sense to you in the first place, you’re Probably One of Us.”

Prior to coming to NA…my efforts to “Not Use” always led to a lot of pain, suffering and confusion that the drugs became the only answer again and again. And the fact that they weren’t a good answer did nothing to change the fact that they were the only answer I had! So thru the courts and TASC I arrived here in NA. and found that unless I surrendered to this new found Fellowship and first Step I was going to go to Jail, Die or be on the Run.

So I learned through working the first step with a Sponsor that I had no control over drugs and that they had control over me. This thinking was done unconsciously, and that I generally worked for my mind, rather than having it work for me!
Once this realization came forth I began to have an optimistic attitude called Hope and a Confidence in Myself called Faith. Words that I hadn’t used in years. I am currently learning to Live Free and have a Happy life as a result of working The 12 steps of Narcotics Anonymous.
Barry N.

Would You Like to Contribute to the Newsletter?

We are always looking for contributions from our membership. Each month we seek an article for the step, tradition and concept for that month. That means August we will cover Step 8, Tradition 8 and Concept 8. Do you have something to say?

You don’t have to be an Edison to contribute. Just send your news article to: PositiveBarry@gmail.com for consideration.
We may edit slightly for clarity and length, but your voice will be heard.

Birthdays:
Alice G. 1/15/1998
480-200-5865
Chelsea L. 1/12/2014
480-238-1650
Annie K. 1/19/1988
602-793-6467
Michael C. 1/19/2014
602-826-7738
Robyn R. 1/19/2006
480-593-2140
Emily H. 1/22/2012
480-263-0120
Justin C. 2/4/2011
480-993-5329
Tony G. 2/4/2016
480-280-9853
501-613-6048
Welcome to *Reaching Out!* Whether you are an NA member, a professional who works with recovering addicts, an incarcerated member or a member who provides Hospital and Institution service, this NA World Services newsletter may be a resource for you. *Reaching Out* in its design helps incarcerated addicts connect to the NA program of recovery, enhances H&I efforts and offers experience from members who successfully transitioned from the ‘inside’ to be productive members of society. The section “From the Inside” is filled with letters and artwork from incarcerated addicts who share their experience, strength and hope as they find and maintain recovery from addiction through NA. “From the Outside” section features stories from members who are living drug free in the community and have previously been incarcerated. Often, there is artwork from members on the ‘outside’. Additionally, this section offers experience from H&I members who value and are deeply committed to carrying the NA message of recovery to addicts who are unable to attend regular NA community meetings. These letters are inspirational for many as they offer hope for a new way to live and they provide evidence of the efficacy of the NA program for any reader. [https://www.na.org/?ID=reaching-out-index](https://www.na.org/?ID=reaching-out-index)

Hello Family,

My name is SJ and I am an addict. I’m 26 years old and have been an addict for 12 years. This is my 2nd prison term. Until NA… I hadn’t been able to stay clean for more than 4 months at a time. Addiction was my crutch and my escape from reality. I used to run from my past and avoid the real world. Toward the end, all I wanted to do was Die. I believe that my Higher Power put me in prison to save me from death, and without a HP I don’t believe I’d be writing to you today. Now I am clean with the help of my higher power and NA, and I have a new outlook on life and a second chance. To the newcomer, we feel your pain, despair, and hardships. I owe so much to NA, to Reaching Out, and to all my brothers and sisters in recovery! Remember, it gets better. We are here for you; all you gotta do is Reach Out. Thank you for your help and support! We Do Recover!

Love, SJ, Oregon
Service Committee Positions For Any Level of Service:
All commitments are for 1 year except for at The Region Level.
The CHAIR:
The Chair is in charge of the running of the meeting. They oversee the Treasurer, can delegate authority, and arrange for joint administrative committee meetings for specified needs or purposes.
3 years cleantime is the requirement for the chair.
VICE CHAIR:
The vice Chair is a very important position. The Vice Chair will Run the meeting in the absence of the Chair. The Vice Chair is a member of all standing committees and must attend their meetings.
Cleantime for Vice Chair is 2 years.
SECRETARY:
The Secretary takes the minutes of the meetings, making sure they are mailed or emailed to everyone. They also take care of all the paperwork for the meetings. The secretary coordinates between each chair position if they have any information regarding their positions and their committees.
In the Absence of the Chair and or Vice Chair the Secretary will run the meeting. There is an Assistant Secretary to help the Main Secretary and to take over the duties when they are absent.
Cleantime for secretary is 1 year.
TREASURER:
The Treasurer and Assistant or Alt Treasurer keep track of all the Financial responsibilities and Keep Monthly and Annual Reports. They Handle all incoming Cash, Funds, and Donations. They make Deposits and Withdrawals. They write checks and are Signers with the bank accounts. They take care and keep track of all Expenses, Documents and receipts. They take care of Reimbursements for expenses of the trusted Servants. They give Reports at all meetings. Cleantime is 3 years and 3 years for alt treasurer.
Next Month I will describe and give more info on other Service Positions.
Major changes coming to the FIPT.

FIPT stands for the Fellowship Intellectual Property Trust. I know it’s a mouthful, sounds complicated and you’ve probably already zoned out on me.

If you are still with me I’ll try to simplify it. We, as the fellowship of NA own our literature. It belongs to all of us, right? This is the Fellowship Intellectual Property part. The literature is our property.

But we can’t all be responsible for it at once. I don’t know about you, but I have a hard enough time being responsible for the stuff I own personally to worry about all the stuff that every member of the fellowship owns together. So we, as a fellowship, place our property (our literature) in the trust of members we have elected to the World Board of NA. This is the Trust part. The FIPT is the document of this agreement.

In it are things like; how much literature can be printed by groups and service bodies without getting the approval of the World Board. Why not? it’s our literature and we shouldn’t have to ask every time we want to, for example, throw an excerpt “For The New Comer” up on our Area website!

This document contains a whole range of issues regarding our literature and what we can and can’t do without getting approval of the World Board and what we ask them to do on our behalf with the literature we all own.

There are some changes being proposed to this document that will effect our relationship with our literature. As we get closer to the Conference Agenda Report we will be hearing more about these changes. So keep an eye out!
Conference Agenda Report Is Out

December 2, 2019

It’s that time in the NA service Cycle again. The Conference Agenda Report was just released. Usually referred to as the CAR, the Conference Agenda Report is where the members of NA decide issues effecting the entire fellowship. In it, this year, are 16 motions to be voted on by every one. Five made by the World Board and the rest come from NA regions throughout the world. A copy of the CAR can be found here.

The World Board is making a lot of motions that would significantly change the relationship the fellowship as a whole relates to our literature, including what can and can’t be reprinted by members of the fellowship. A lot of the regional motions are about creating new literature, like creating a new step study guide just for members who have been through the 12 steps using the current step study guide and want to do it again with a different book. Another motion wants to investigate ways to change our literatures language to be gender neutral.

This is our chance to take part in changes happening within our fellowship. Every home group in NA gets to participate in this. Tell you GSR you want to know more about what is going on so that your home groups voice may be heard.

Member Contribution

The Eyes Of This Addict

Look through the eyes of this addict
on any given day
you’ll see pain and strife
in a senseless life
in a world that’s cold and gray.

Look through the eyes of this addict
driven to be insane
from clouds on high
falling down from the sky
tears soaking him through like the rain.

Look through the eyes of this addict
his soul an empty well
a lifetime of emotional pain
surely born in hell!
Look through the eyes of this addict
dancing on the point of a knife
married to this addiction
his lover, mistress and wife.

If you look through the eyes of this addict
I’m sure you will plainly see
though the stories are different
the feelings are the same
and this addict could easily be me!

~Grateful Recovering Addict Called Bill~N.J.

OUTREACH SUBCOMMITTEE

Join the Outreach Subcommittee in their monthly meeting. It’s here that
We will plan to visit various groups and serve the fellowship of Narcotics Anonymous!
Meets the 2nd Wednesday of the Month at 7PM
646 E. 10th Drive
Mesa, AZ. 85204

Tony G. 480-280-9853
Eric R. 602-477-9223